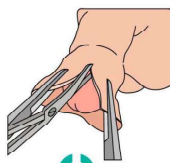


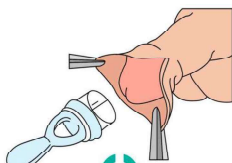
Infant Circumcision

Information for Parents: Post-procedure

Queen Square Doctors Telephone | **905-455-1455**
Queen Square Doctors Fax | **905-455-5498** Location |
Suite 201, 366 Main St. N Brampton, ON Post
circumcision inquiries email | lab@QSDocs.ca



1
An incision is made
on top of the skin



2
The plastibell is placed
over the head of the penis
and the foreskin is pulled
over the plastibell



3
A suture is tied around
the foreskin over the tying
groove in the plastibell.
Excess skin beyond the
suture is trimmed away.
The plastibell falls off
3-7 days later



Picture 1: The penis after circumcision with the ring and string attached

What to expect after surgery

The plastibell method was used for your baby's procedure. The penis will now have a plastic ring and string around it. The tightness of the string on the plastic ring stops blood flow to the excess foreskin area which will complete the circumcision. The ring, string, and excess foreskin will fall off on its own within the next **3-7 days**. Once this occurs, there may still be a slight wound at the area including some swelling and bruising. This is normal and will often heal completely within **1-2 weeks**.

*****If the ring has not fallen off within 10 days, please call our clinic to book an appointment with Dr. Brual so we can remove the ring manually*****

You might also notice some discolouration on the underside of the penile shaft. This is because we use silver nitrate solution to stop bleeding in that area. This can appear as a dark grey colour at the beginning before transitioning to a yellow/cream colour. Please do not clean or rub this away as this can reopen the wound and cause bleeding. It will eventually clear on its own once healing is complete.

Aftercare Instructions

Cleaning

Avoid submerged baths for 24h after the procedure. After 24h, normal washing and bathing can occur. Gently clean the penis with mild soap and water 2-4 times a day until the ring comes off and the penis is healed.

Diaper Changes

Change diapers often. Apply a thick layer of petroleum jelly/vaseline on top of the penis and on the diaper with every change until the penis has completely healed.

Pain Management

Medication is not always needed and should be avoided if your baby appears comfortable and happy. If needed, Infant Tylenol 0.5mL every 4-6h can be given. Always read the instructions on the medication label and do not give more than the recommended daily dose.

When to call the doctor

It will take about 7 days for the plastibell to fall off and another 7 days or so for complete healing. However, some complications may arise during the process. Contact us if the following occurs:

- Severe pain or distress that does not get better with pain medication
- Fever above 38C or 101F
- More than a few drops of blood on the penis or diaper or bleeding that does not stop
- Pus-like drainage or foul odour from the penis
- Redness that spreads from the tip of the penis towards the belly
- Fewer wet diapers than before or not urinating at all
- The head of the penis is blue or black
- The plastic ring slips down past the head of the penis
- The plastic ring stays on for more than 10 days or falls off in less than 3 days

The best way to reach us is through our email at [**lab@QSDocs.ca**](mailto:lab@QSDocs.ca). Please provide your **baby's name**, the **date of the circumcision**, and a **contact number** we can reach you at. We will call you with instructions once your inquiry is received.

*****If your baby appears lethargic or unresponsive, please call 911 or bring him to the emergency department immediately*****

Follow up

The doctor will advise you of any follow ups at your visit. For most cases, if the circumcision goes smoothly, you do not need any further follow up with our clinic. Your baby can be followed up at their regular well baby check ups with their usual family physician.

Care for a circumcised penis for the first few years

It is important to regularly clean the area of the penis properly. The cells that have undergone necrosis (died), may grow back regularly and if an accumulation of these cells occur, a white substance known as smegma may begin to form. The formation of this substance is entirely normal and it is possible to become trapped if any adhesions between the glans and foreskin form. This usually requires no medical intervention unless the penis becomes inflamed or red in colour.

As your boy grows and his body develops, he will begin to build up body fat. This can cause the development of a fat pad at the penis base. This should be pushed down whilst cleaning the penis. If you notice that the skin or the penis seems to stick the penis' head, it is advised to use lubrication to avoid any further adhesions. As soon as your son reaches an appropriate age, teach them the proper way and importance to clean and bathe the area so they can do it independently.

Thank you for trusting us with your baby's care!