



Infant Circumcision

Information for Parents: Pre-procedure

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Location | **Suite 201, 366 Main St. N Brampton, ON**

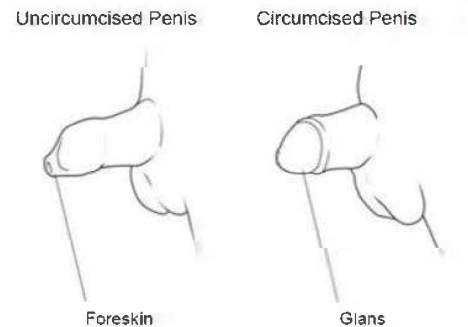
Post circumcision inquiries email | lab@QSDocs.ca

Introduction

Circumcision of newborn males is an optional surgical procedure to remove the layer of skin (called the foreskin or the prepuce) that covers the head (glans) of the penis. It is most often done during the first few days after birth due to higher risks as they get older.

At QSD, we circumcise males up to **30 days old**. This procedure is **not** covered by OHIP and costs **\$370**.

If you are interested, please ask your family physician to send a **referral** to Dr. Xyza Brual



Potential Benefits

Routine circumcision of every newborn male is not recommended by the Canadian Pediatric Society. Parents who decide to circumcise their newborn often do so for religious, social or cultural reasons. Other potential benefits of newborn male circumcision include:

- Easier genital hygiene
- Reduced risk of penile cancer (although extremely rare) and cervical cancer in their female partners
- Reduced risk of HIV and HPV infections
- Reduced risk of urinary tract infections
- Reduced risk of phimosis, a condition from scarring/thickening of the foreskin causing difficulty with retraction

Potential Risks

Problems resulting from the procedure are usually minor. Although complications are very rare, they do occur. This includes:

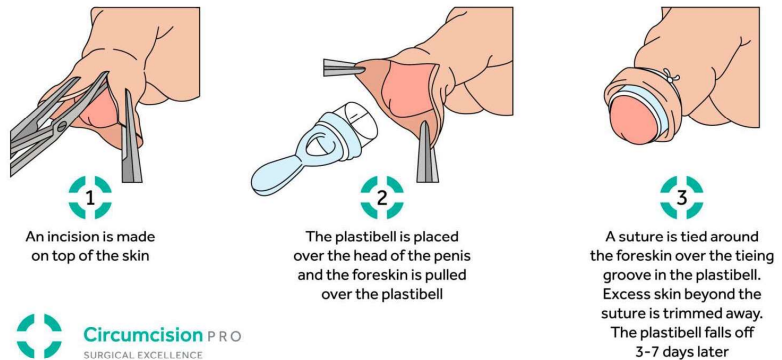
- Too much bleeding
- Infection
- Risk of injury to other anatomical structures in the area
- Narrowing of the urethral opening (late complication) - this can be prevented almost completely by applying petroleum jelly to the glans for up to six months following circumcision

What to expect at the visit

The visit will start with a consultation with the doctor that involves getting to know your baby's medical history, a physical examination, and a review of the procedure and its risks and benefits. Once consent has been obtained, your baby will be taken to our surgical room and the procedure will take approximately 30 minutes. Parents will not be allowed in the room. You and your baby will then stay for another ~15 minutes afterwards to monitor for complications and review after-care instructions before going home.

The Procedure

There are a few different techniques available for circumcisions. At Queen Square, we use the plastibell method, which involves inserting a plastic ring between the foreskin and the head of the penis. This causes the foreskin to fall off naturally by blocking blood supply, leaving an ideal cosmetic outcome. There are no stitches involved.



Pain Management

We ask that you give your baby Tylenol before coming in (see pre-visit instructions) as an additional layer of pain relief. Your baby will be awake during the procedure, which avoids the risks of general anesthesia. A local anesthetic block will be administered to numb the entire penis ensuring a painless procedure. The injections are very quick and take effect within 5 minutes and will last for at least 1 hour to cover the duration of the procedure and part of your journey back home. A sugar water solution is also given by mouth during the procedure to prevent further discomfort.

Pre-visit Instructions

The following checklist ensures that you are prepared for your visit. Any issues can cause a delay or cancellation of the procedure on the day of.

- ☐ Do NOT feed your baby 3 hours before (this reduces the risk of vomiting and possible aspiration)
- ☐ Give 1mL of infant's Tylenol 1 hour before
- ☐ Bring any discharge paperwork from the hospital from your baby's birth
- ☐ Bring your preferred payment option (card/cash)
- ☐ Bring milk/be ready to feed your baby after the procedure
- ☐ Bring a diaper and wipes to change your baby after the procedure
- ☐ Arrive 10 minutes before your scheduled appointment time

NOTE: Only the parents/official guardian of the baby can sign the consent form for the procedure. They will need to be present during the visit.

Cancellation/No show/Late policies

Please call **at least 48h in advance** to cancel the procedure if you are no longer able to make it. Any no shows on the day or cancellations that occur within 48h of the procedure will be subject to a fee of **\$80**. We will no longer book or accept the referral if two no shows or two cancellations have occurred.

If you are running late, **please call our clinic ahead of time** so we can organize our schedules accordingly. If you are more than 15 minutes late we will unfortunately have to re-schedule the appointment as we have other patients booked into our procedure room each day.

We look forward to seeing you!